



UNIVERSITY OF KANSAS

NOVEMBER 2007

NEWSLETTER

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UPCOMING EVENTS

11/7CPSO Meeting, 7:00,
JRP 620**11/9**GKCPA Conf., Avila
University: Kansas
City, MO**11/14**CPSO Meeting, 7:00,
JRP 620**11/16**

Bowling with CPSO

11/21-25

Thanksgiving Break

12/6

Stop Day Party

PIZZA PROVIDED AT ALL CPSO MEETINGS

Due to popular demand, pizza will be provided at all CPSO meetings. Meetings are held every other Wednesday, and there are always opportunities to get involved and have fun:

- Contribute to the newsletter
- Determine philanthropy events
- Set dates, themes and locations for CPSO socials
- Get involved in student research projects or get help starting your own.
- Connect with fellow CPSY students.
- Stay up on departmental news and events

Come out to CPSO and take advantage of all the opportunities KU CPSY has to offer!

GREAT TURN-OUT FOR OCTOBER SPEAKERS

Dr. Peter Graham's presentation, "Colleague Assistance and the Perils of a Professional Career," included information about dual-relationships, therapist self-care and important boundary issues. Therapists face increasing ethical and legal complications in today's society, and Dr. Graham noted that it is more important than ever to be aware of personal baggage that therapists bring into sessions. Boundary issues often become blurred when a professional suffers the loss of important relationships in professional, supportive or companion roles. Careful planning, a collegial professional environment, an open mentor relationship, and psychotherapy are all options counselors should consider.

In "Beyond CBT: the Analytical Cognitive Therapy of Bernard Apfelbaum," Dr. Alan Domian outlined theoretical and practical ramifications of using ACT in therapy. According to Dr. Domian many current views of psychotherapy are based on outmoded remnants of psychoanalysis. Dr. Apfelbaum advocates treating "problems, not people," and searches for the explicit *surface* content of presenting problems. Scouring our clients' past for the reasoning behind their difficulties often confuses the issue and wastes valuable time. Change occurs as the client becomes aware of how their current cognitions are detrimental to their happiness.

Both lectures are available on the CPSO website: www.groups.ku.edu/~cpso/.

DSM MOVIE REVIEW

This Month's Case:

Bug (2007), Rating : R

DSM-IV-TR Code:

297.3, Shared
Psychotic Disorder
(Folie à Deux)

This Movie's GAF:

28, as it suffers from
poor acting, plot holes
and a horribly
unpredictable ending.Prognosis: Don't See,
unless for laughs

CPSO SHIRTS COMING SOON

The long-awaited CPSO "Rorschach Jayhawk" T-shirts will be ordered soon! Shirts will be \$10 for CPSO members and \$15 for non-members. Caroline will soon have a copy of the design, as well as an order sheet in JRP 621. Swing by and check it out! Proceeds (if any) will go to CPSO.

JOKE OF THE MONTH

A man went into his shrink's office and says "Doc, you have got to help me, I keep dreaming I'm a sports car. One night I was an Alpha Romeo, the next a Porsche, and last night I was an Audi."

The therapist replied, "Relax, you're just having an auto-body experience."

NEED FOR PTSD TREATMENT GREATER THAN EVER

On Oct. 24, Congress passed a bill (H.R. 327) by a vote of 417-0 aimed at suicide prevention among military veterans, sending it on to the president. The need for a prevention program is illustrated by the tragic historical fact that more Vietnam vets have now committed suicide than died in the original war, according to John Shay a psychiatrist with the U. S. Department of Veterans Affairs in Boston.

As the current war in the Middle East drags on, the number of U.S. war-wounded continues to increase. The Associated Press reported in September, that 1.4 million U.S. forces have served or are serving in Iraq and Afghanistan, and more than 185,000 have sought care from the VA – a number that could top 700,000 eventually, according to some predictions. About 38% of veterans of Iraq and Afghanistan who seek care from the VA have received at least a preliminary diagnosis of a mental health condition and 18% have been

diagnosed with PTSD, as Michael Kussman, undersecretary of the Veterans Health Administration, recently told a congressional committee. According to the Congressional Research Service, between 2003 and 2007 about 60,000 troops were diagnosed with either PTSD or TBI (traumatic brain injury).

Veterans groups sued the VA a few months ago, seeking quicker medical care and disability payments for those with PTSD. They claim that the rush of disabled troops returning home has sent the agency into a “virtual meltdown.”

The implications loom large for psychology professionals. With no end in sight for U.S. military involvement in the Middle East, the care of these wounded veterans may well be an issue we are called upon to confront, whether we work with government agencies or in private practice. – C. B

**GOOD LUCK TO ALL THOSE GOING THROUGH THE INTERNSHIP OR
DOCTORAL APPLICATION PROCESS!!**