

*August 2011*A QUARTERLY NEWSLETTER
FOR
UNIVERSITY WOMEN'S CLUB

From the President

Dear Friends,

The UWC Board has been busy planning and organizing for another exciting year—one that will hopefully inform, entertain, and promote our University community.

This year, the UWC Board has defined a goal for our club: to increase or maintain membership. While those of us who participate know our organization includes events and activities for a wide range of ages and interests, our number of members has slowly decreased over the years. We hope to reverse this trend by making some slight changes in our meeting calendar and by actively recruiting names of future members. If you know someone who is eligible for UWC membership and who might be interested, please contact Sharon Brown, this year's membership chair, and she will provide assistance in contacting prospective members.

Based on recommendations and suggestions from UWC members and to help increase meeting attendance, the board voted to alter our monthly schedule. To begin,

we will not meet in February but will extend our calendar into May, when the weather allows more people to travel safely. In addition, the March meeting has been moved to Alvamar Country Club to solve our parking problems at the Kansas Union, created by participants attending a journalism conference on the same day. We hope you will take advantage of this revised schedule to participate in what promises to be an interesting year of informative programs planned by Sally Zogry, program chair, and her committee. This year's theme is *Lifelong Wellness: How Being Well-Rounded Makes Us Well*. Additional information is available on page 3.

Not only do we have wonderful programs slated for this year, we also have some special plans to announce: Jill Baringer, special projects chair, has organized a **Purse and Scarf Silent Auction** during our October luncheon to benefit the Malott Room renovation fund. In addition, Gwen Dobson and Rita Spradlin, special events co-chairs, are putting together a great evening of fun with Champagne and Diamonds at the Castle Tea Room in April.

So when do all these activities begin? **Sign-Up Day is Thursday, September 1, 3:30-5:30 p.m.** (More information is on pages 4 and 5) This is your chance to learn about the schedules and activities of our many interest groups, as well as catch up on everyone's summer happenings and projects. Interest groups are an important part of why we enjoy membership in UWC, so here's an opportunity to invite a prospective member to learn about our events and friendships. If you are unable to attend Sign-up Day, contact the coordinators for interest groups in which you would like to participate.

I am honored to be your president this year. If you have suggestions or ideas to enhance your UWC experience, please contact me or any of the other board members. This club is about learning, appreciation, and friendships—share the experience!

Hopefully, everyone has managed to stay cool this summer; we look forward to seeing you September 1.

Jerree Catlin

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KU University Women's Club Board of Directors 2011-2012

Honorary President	Shade Keys-Little	840-9880	1532 Lilac Ln	66044	shadekeyslittle@yahoo.com
President	Jerree Catlin	842-7523	1552 El Dorado Dr	66047	catlin@ku.edu
President-Elect	Sally Brandt	842-5148	2624 Bardith Ct	66046	sbrandt96@sbcglobal.net
Recording Secretary	Susan Ralston	843-3920	3005 W 26th St	66047	sralston@sunflower.com
Corresponding Secretary	Mary Remus	331-2789	1621 Edgehill Rd	66044	mjremus@juno.com
Treasurer	Jannie Barron	832-0172	1604 Bobwhite Dr	66047	jtbarron@sunflower.com
Treasurer-Elect	Marlene Merrill	832-2203	2917 Westdale Rd	66049	marlene@themerrillfamily.com
Members at-Large	Mary Glasnapp	841-2273	4101 Quail Pointe Ter	66047	drg@ku.edu
	Kay Henry	842-6879	4400 Turnberry Dr	66047	jhenry@ku.edu
	Donna Osness	842-4177	1654 University Dr	66044	dosn@sunflower.com
Ex Officio	Faith Greenwood	843-8106	4508 Broadmoor Dr	66047	faith.greenwood@att.net

Standing Committees

History	Janis Hutchison	842-6131	2609 Westdale Rd	66049	
Interest Groups	Nancy Hale-Martinko	843-4343	2401 Orchard Ln	66049	njhale@sunflower.com
Chair-Elect	Kim Anderson	843-2976	1125 Williamsburg Ct	66049	anderguardk@hotmail.com
Malott Room	Carolyn S. Schroeder	843-7747	862 E 900 Rd	66047	cschroeder@ku.edu
Membership	Sharon Brown	842-2079	209 Regina Pl	66049	sharonrbrown@sunflower.com
Assistant	Judy Shunk	842-4674	4211 Quail Pointe Ter	66047	judyshunk@gmail.com
New Members & Friends					
Co-Chairs	Cathy Ebmeier	841-6871	4309 W 13th Ct	66049	caebmeier@yahoo.com
	Jane Imber	841-3901	2500 Westdale Rd	66049	janeimber@sunflower.com
Nominations	Sharon Brown	842-2079	209 Regina Pl	66049	sharonrbrown@sunflower.com
Policy	Tammy Steeples	842-7492	4500 Bob Billings Pkwy #205	66049	tsteeples@hotmail.com
Program	Sally Zogry	832-1958	1837 Villa Woods Ct	66044	sallyzogry@gmail.com
Menus	Dottie Nordlund	842-0746	5222 Eisenhower Ter	66049	dot@nordlund.org
Decorations	Ann Eversole	749-9516	4301 Wimbledon Ter #5B	66047	aeversole@ku.edu
	Mary Weinberg	843-4113	4403 Quail Pointe Rd	66047	mweinberg@sunflower.com
Public Relations Co-Chairs					
	Gwen Dobson	841-9658	925 E 1279 Rd	66047	dobsongwen@sunflower.com
	Rita Spradlin	749-4107	3144 Campfire Dr	66049	ritaspradlin@aol.com
Publications Co-Chairs	Alice Clayton-Honea	856-0113	3122 W 26th St	66047	aliclady@charter.net
	Vicki Meadows	804-921-7235	644 Mississippi St	66044	aartimesia@yahoo.com
Reservations	Marlene Merrill	832-2203	2917 Westdale Rd	66049	marlene@themerrillfamily.com
Scholarship	Faith Greenwood	843-8106	4508 Broadmoor Dr	66047	faith.greenwood@att.net
Special Events Co-Chairs					
	Gwen Dobson	841-9658	925 E 1279 Rd	66047	dobsongwen@sunflower.com
	Rita Spradlin	749-4107	3144 Campfire Dr	66049	ritaspradlin@aol.com
Special Projects	Jill Baringer	842-3025	1304 Jonathan Dr	66049	baringer@sunflower.com
Website	Jerree Catlin	842-7523	1552 El Dorado Dr	66047	catlin@ku.edu

Programs 2011-2012 **How Being Well Rounded Makes Us Well**

All monthly meetings begin with socializing and programs at 11:30 a.m. in the Kansas Memorial Union Malott Room, followed by 12:30 p.m. luncheons in the Kansas Room, with the exception of the March 1 meeting which will be held at 11:30 a.m. at Alvarar Country Club.

This year we will explore various aspects of wellness and how looking at health in a holistic manner can improve our overall quality of life.

Being informed and staying active and involved are essential elements to leading a healthy and productive life; we will explore many opportunities to do just that.

September 1, 3:30-5:30 p.m.
Afternoon Welcome and Interest Groups Sign-Up Day

October 6, Women's Health: "Give Yourself the Gift of Health"
Dr. Carolyn Johnson DeSalvo, OB / GYN, Watkins Student Health Center
Lunch includes a PURSE AND SCARF SILENT AUCTION FUNDRAISER to benefit the Malott Room Renovation Fund.

November 3, Physical Activity: "Keep on Moving, Don't Stop"
Tracey English, Marketing & Wellness Director / Fitness Instructor, Body Boutique, and
"Psychological Balance and Wholeness in Everyday Life"
Marciana Vequist, Ph.D. Licensed Psychologist, Bert Nash Community Mental Health Center

December 1, Nutrition: "Holiday Cooking for Small Groups" Kylene Etzel, RD, Hy-Vee
Luncheon entertainment to be announced

March 1, Service: "Volunteering is Good for Everyone's Health"
Lori Johns, Roger Hill Volunteer Center, and
"Building Women Leaders Increases the Health of our Global Community" KU Center for Service Learning

April 5, UWC Scholarship Awards, 97th Year, and 112th Annual Business Meeting

May 3, Community Wellness: "Live Well Lawrence and WellCommons—Local Community Wellness Initiatives"
Marilyn Hull, Program Director, Douglas County Community Foundation and Jane Stevens, Director of Media Strategies, The World Company

INTEREST GROUPS 2011-2012

**SIGN-UP DAY,
Thursday
afternoon
September 1,
will be easier if
you bring
pre-addressed
labels to use at
registration.**

**If you are
unable to attend
Sign-Up Day,
September 1,
and want to
participate in an
interest group,
please contact
the group's
coordinator.**

STUDYING AND DISCUSSING WORLD RELIGIONS (NEW)

This group will follow the study course *Great World Religions*. We will focus on one of the following religions: Hinduism, Buddhism, Islam, or Judaism; the group will decide. Meets the second and fourth Monday of the month at 10:30 a.m. at Joan Reiber's home or a member's home where the group can view and discuss the DVD. The first meeting is Monday, September 26, at 2505 Yale Road. Joan Reiber (843-5537)

ART DU JOUR at the SPENCER (NEW)

Explore the rich and diverse collection at the Spencer Museum of Art, meeting on the third Thursday (Sept. 15, Oct. 20, Nov. 17, Mar. 15, and Apr. 19) from 2:00-3:00 p.m. Meet at the Spencer and discover this internationally known collection as we focus on a variety of topics: special exhibitions, behind the scenes, conservation and collecting. One topic or area will be chosen each month. UWC member Jerrye Van Leer (Spencer's Tour and Visitor Services Coordinator) will find and share treasures of the Spencer. Sidney Sutton (838-4573)

ANTIQUES

Meets the fourth Thursday September-May (except January) with alternate dates for Nov. and Dec. Dues: \$5.00. Each member actively assists in the year's activities by serving either as committee chair,

hostess, presenter or securing a presenter for a program, plus preparing refreshments for a meeting. The committee contacts each member as a reminder of the place and program and to determine attendance. Meets at 1 p.m. Sally Davis (842-3726)

BIRD WATCHING

Meeting dates and time vary; bird watching in early morning during spring and fall migrations may include trips outside Lawrence. Bring a good pair of binoculars and a bird identification book. Jill Baringer (842-3025)

BOOK DISCUSSION (Afternoon)

Meets the fourth Wednesday of each month except for an alternate date in November and no meeting in December. Meets at 1:30 p.m. in the Gallery Room of the Lawrence Public Library. Books are chosen by the group and are either a classic, going to be a classic, or interesting selections that your usual book group might miss. Martha Rose (842-1427)

BOOK DISCUSSION (Evening)

Meets the third Thursday of each month at 7:30 p.m. in a member's home to discuss a book that has been chosen by all the members. Ann Blackhurst (841-4099) Sonja Vicker (840-9740)

BOOK EXCHANGE

No regular meetings are held. Each member purchases a recent bestseller (hardcover,

please). An exchange system will be established. Sharon Brown (842-2079)

BRIDGE (Couples Social)

Meet the third Sunday of the month September-April (except December), 7:00-10:00 p.m. Couples serve as host or co-host once per year. Tammy Steeples (842-7491) Jill Baringer (842-3025)

BRIDGE (Daytime)

THIRD THURSDAY BRIDGE meets the fourth Thursday at the Kansas Union from 1:00-4:00 p.m. *FOURTH WEDNESDAY BRIDGE* meets the fourth Wednesday of each month except December in a member's home from 1:00-4:00 p.m. (unless there are too many members to do so). For both bridge groups you need a knowledge of bridge, but players are friendly and helpful. You haven't played in a few years? It's like riding a bicycle: *you don't forget!* Mary Lou Wright (843-0008)

COCKTAIL FARE

Meets the first Friday of the month October - May (no meetings January and February), 6:00-8:00 p.m. in a member's home. Spouses and guests are invited. Each member serves once on a monthly committee preparing appetizers with the host responsible for beverages; lots of good food and conversation. Co-hosts share in the cost of drinks. Janis Hutchison (842-6131)

COME AS YOU ARE BREAKFAST

Meets the last Wednesday of the month, except December and May, at Perkins on 23rd Street. Drop in any time between 9:00-11:30 a.m. No need to dress up. Come enjoy breakfast and informal conversation.
Kathy Mulinazzi (841-3645)
Jill Baringer (842-3025)

GOURMET DINNER

Monthly dinners are prepared cooperatively for four to five couples in a member's home. Themes are often ethnic.
Jane Kuwana (841-3721)

GREAT GARDENING IN N.E. KANSAS

Usually meets the second Wednesday (occasionally on the third Thursday) of the month at varying times depending the season and activity. During winter months we have programs in members' homes. Out-of-town events are planned during the spring. No meetings January, July and August.
Joan Reiber (843-5537)
Rita Spradlin (749-4107)

INFORMAL SUPPER

Meets on the second Sunday of most months at 5:30 p.m. in the Smith Center, Brandon Woods. \$6.00 per person. Each month a hostess is responsible for a meat dish; others bring *pot luck*. Every member of the group serves on a committee sometime during the year—even spouses!
Marilyn Hall (841-2181)
Nancy Yacher (843-5264)

JABBERWALKERS

Meets Monday, Wednesday, and Friday mornings at 7:15 a.m. in the parking lot between the Lied Center and the Dole Institute. We walk for an hour around the campus. During cold or inclement weather we walk on the third floor of Allen Field House or in the large, double gym in Robinson Gymnasium until 8:00 a.m.
Sherry Slade (841-2093)

KANSAS HISTORY

Meets in the spring (February, March and April) 1:00-3:00 p.m. on the second and fourth Mondays at the Dole Institute of Politics (time change was requested by the Dole). Two programs per session. A fee is charged to cover speakers' honoraria and related costs.
Rita Spradlin (749-4107)
Sandra Wiechert (842-5467)

MAH JONGG

Start a new *Mah Jongg* group. Choose the day, time and place and we will teach your group how to play the fascinating and challenging game of Mah Jongg. Sign up with one or more other players. Mah Jongg is an individual game (you don't need a partner) and is played by groups of two, three or four people.
Barbara Duke (856-8591)
Sharon Brown (842-2079)

NEEDLEWORK AND CHAT

Meets 1:30-3:30 p.m. on the third Thursday of the month

in a member's home. All levels and types of needlework are welcomed. Join us for a couple of hours of fun and conversation.
Betty Mitscher (842-9334)

NEW MEMBERS AND FRIENDS

Our new members will be welcomed at a 1 p.m. luncheon at the Chancellor's home on Friday, September 9. This interest group is designed for those new to UWC or those rejoining. It also is open to members who want to meet new people or mentor our newcomers. Meets on the second Friday of most months for a variety of field trips to interesting places in Lawrence and surrounding areas.
Jane Imber (841-3901)
Cathy Ebmeier (841-6871)

SPANISH PLAYS

Meets the first and third Wednesdays of each month in a member's home. We have read Spanish plays, but are now reading Spanish poetry. We close the school year with a social gathering.
Marnie Argersinger (843-2730)

TGIF

Meets four Fridays (two in the fall and two in the spring) from 5:30-7:00 p.m. in a member's home. *TGIF* is casual and relaxed. Members provide appetizers. Hostesses provide beverages. Members may bring their spouse or a guest. \$5.00 per person for beverages.
Jane Kuwana (841-3721)
Judy Carpenter (393-0377)

Note:

**UWC annual
membership
dues
must be paid
before joining
an interest
group.**

About UWC Members...

Member Betty Laird's new play *To Catch a Butterfly*, opening August 12 at Theatre Lawrence, (formerly Lawrence Community Theatre), draws from the Civil War's latter days. In the aftermath of Quantrill's Raid, two young teachers and their bumbling pastor father arrive in Lawrence to open a girls' school. Battling one setback after another, they are stunned when Lawrence faces the threat of invasion by Rebel troops.

Only one character is fictitious, a woman of dubious reputation who challenges the sisters' prejudices. Show times are Friday, August 12 (8:00), Saturday, August 13 (7:00) and Sunday, August 14 (2:30). Tickets may be purchased at the box office (**785-843-SHOW**) or online at www.theatrelawrence.com.

IN MEMORIAM

DiAnne Damro July 24, 2011. Dance Fans Interest Group and Retired KU Dance Faculty

Betty Marzluff June 4, 2011. Long time active member and community volunteer from 1969. With Captain Marzluff, KUNROTC, she was among the founders in 1983 of the Endacott Society for KU Retirees.

Accessing UWC information online

Two online resources are available for UWC members and prospective members: www.panix.com/~pab/uwc.html and groups.ku.edu/uwc. Why two different websites? One site, groups.ku.edu/uwc, is a public site, available to anyone searching the Web. The second site, the *panix* site, is not searchable. What does this mean exactly? If someone wants to find information about clubs in Lawrence or university women's clubs, a link to the groups' site will display as a result of their searches. A link to the *panix* site will not display. What's the difference between the information on the two websites?

[Groups.ku.edu/uwc](http://groups.ku.edu/uwc) provides general information about our club: purpose, program information, scholarships, interest groups descriptions, and a list of officers. Although contact information is available on this site, details are limited to a few phone numbers. The website is located on servers provided by KU because UWC is a community organization benefiting both Lawrence and the University communities.

The second site, www.panix.com/~pab/uwc.html, contains items such as membership lists, procedure guides, officer reports, histories, and organization forms. In addition, board meeting minutes also will be listed on the site this year. Because this site contains personal information (addresses, phone numbers, etc.), this site is not searchable. In other words you have to type the exact web address into your web browser in order to reach the information. Both sites are available to members and are excellent resources for our members.

Monthly Luncheon Reservation Form

All monthly meetings begin with socializing and programs at 11:30 a.m. in the Kansas Memorial Union Malott Room followed by 12:30 p.m. luncheons in the Kansas Room, with the exception of the March 1 meeting which will be held at 11:30 a.m. at Alvamar Country Club. Members can attend the program without staying for lunch.

The deadline for luncheon reservations is the Monday preceding the luncheon.

Please write *LUNCHEON* on the memo line of your check; do not staple.

Please mail check and form below to:

Reservations Chair Marlene Merrill, 2917 Westdale Rd, Lawrence, KS 66049

Questions? Call Marlene at 832-2203.

Name _____

Please check appropriate box.

Time Price

- September 1** *Afternoon Welcome and Interest Groups Sign-Up Day* 3:30 No Charge
- October 6 Luncheon** *Women's Health* 12:30 \$14.00
- November 3 Luncheon** *Physical Activity* 12:30 \$14.00
- December 1 Luncheon** *Nutrition* 12:30 \$14.00
- March 1 Luncheon** *Service* (location changed to Alvamar Country Club) 12:30 \$14.00
- April 5 Luncheon** *UWC Scholarship Awards, 97th Year, and 112th Annual Business Meeting* 12:30 \$14.00
- May 3 Luncheon** *Community Wellness* 12:30 \$14.00

Total: _____

UWC
2609 Westdale RD
Lawrence KS 66049

*Presorted Standard
U.S. Postage Paid
Permit #274
Lawrence KS*

Return Service Requested

Important!

*Mississippi Street Parking Garage
is now \$1.25 per hour.
Credit cards are accepted upon exit.*

*<http://parking.ku.edu/regsFY12.pdf>
785-864-7275*

Calling All Members!

***Clean out your closets and get ready for
the University Women's Club
PURSE & SCARF SILENT AUCTION.***

Funds raised will benefit
the Malott Room renovation fund.

***Bring your serviceable purses and
scarves to UWC Sign-Up Day
on Thursday, September 1,
or drop them by the home of
Jill Baringer, 1304 Jonathan Dr,
before October 1 so we can get them
ready for the auction on
Thursday, October 6.***



Special Event!

PLEASE SAVE THE DATE

CHAMPAGNE

AND

DIAMONDS

Friday, April 27, 2012

5:30 to 7:00 p.m.

The Castle Tea Room

1307 Massachusetts Street